

Sample Cease and Desist Letter

Your Name
Your Address
City, State ZIP

Date:

Re: Account # (insert your account here)

Collection Agency
Address
City, State ZIP

Dear (name of collection agency),

Pursuant to the Fair Debt Collection Practices Act, 15 U.S.C. 1592 et. seq., you are hereby notified to cease and desist all further communication with me in regard to the referenced debt. Failure to abide by this law will result in a complaint being filed against you with the Federal Trade Commission, the Attorney General of both your state and mine, and also your own company management. I also reserve the right to file suit against you for any future violations of this law. I will record any phone calls if you fail to comply with this cease and desist.

Sincerely,

(Your Name)